

## **GHSC purchases on-site defibrillators**

Gig Harbor Sportsman's Club is concerned about the safety of its members and their guests.

Safety on the firing line is the club's chief concern, but safety off the line is equally important. That's why the club is looking into a number of initiatives that concern the overall protection of people accessing the club and its facilities.

One of these new initiatives is the purchase and installation of two Automatic External Defibrillators (AEDs). The units purchased are the Philips HeartStart OnSite Defibrillator, distinctive in a red-zippered case.

The HeartStart OnSite Defibrillator is designed so that anyone can potentially save the life of a member or guest stricken with sudden cardiac arrest.

One of the units has been installed in the clubhouse just to the right of shotgun sign-up window, the other in the rifle/pistol range officer room.

In case of an emergency, 9-1-1 should first be called. CPR should also be administered quickly if possible, preferably by anyone trained in CPR techniques. The defibrillator is not meant to replace this process but to augment it. However, anyone can use the defibrillator in the event of cardiac arrest, and should not be hesitant to do so.

The Philips HeartStart OnSite Defibrillator is amazingly simple to use. Weighing just 3.3 lbs., this small and lightweight defibrillator can be easily carried to the victim's side. Using clear, natural voice instructions, the defibrillator guides a caregiver through each step of defibrillation. It paces and adapts voice instructions every step of the way.

The club would like to encourage all members to watch a short video at the HeartStart website on how to use the unit. The website URL is:

[http://www.heartstarthome.com/animated\\_demo/animated\\_demo.asp](http://www.heartstarthome.com/animated_demo/animated_demo.asp)

Under "Product Demonstration," click on the hyperlink that says "Watch the Video."

The purchase and installation of these defibrillators is just one step the club is taking to ensure the protection and safety of its members, and the club continues to look at other initiatives. If you have positive comments or suggestions, please do not hesitate to contact a club officer or board member.